



FLOURISH

THE LIV WELL SPA AT AZURIDGE

A reflective year-round retreat infused with crystal-inspired energies
to balance your body, mind and spirit.



SPA MENU



AZURIDGEHOTEL.COM

TRANSFORMATIVE SELF CARE EXPERIENCES

HOT STONE MASSAGE - 60 mins - 225

Indulge in our soothing hot stone massage and let your stress and tensions dissipate. Our tranquil spa creates the ideal ambiance for you to experience the revitalizing effects of hot stone massage, combined with the natural potency of our energy-charged crystals. This harmonious blend of stones, crystals, and expert touch promotes relaxation, enhances circulation, and alleviates sore muscles. **Discover balance and rejuvenation; immerse yourself in our hot stone massage experience**

RELAXATION MASSAGE - 60 mins - 175

Our expertly delivered massages effectively alleviate muscle aches, enhance circulation, dissolve pent-up tension, and release impurities from your body. From the moment you step into our wellness haven, your comfort and relaxation become our utmost priority. Experience the profound stress relief delivered by our various massage treatments. **At Flourish, all you need to do is to let go, relish in the moment, and allow our massages to rejuvenate your mind, body, and soul.**

FACIALS - 60 mins - 175 - 225

Discover the secret to truly radiant skin with a uniquely tailored facial at Flourish – The LIV Well Spa at Azuridge. Our expert therapists will assess your skin type and customize a facial treatment to nourish, replenish, and balance your skin. **Experience the anti-aging power as we stimulate cell regeneration, leaving your skin looking youthful and vibrant.**

BODY WRAPS AND SCRUBS - 60 mins - 195-235

Experience the whole-body benefits of our rejuvenating wraps and scrubs. Relax and unwind or find that energy boost your body has been yearning for. **Replenish and renew your skin or savour relief for your aching muscles and joints.**

FOOT TREATMENT - 60 mins - 235

Experience ultimate relaxation with our luxurious foot treatment. Begin with a stress-relieving warm foot soak, followed by a gentle exfoliation leaving your skin soft. A deeply hydrating mask nourishes, concluding with leg massage to relieve aches and improve circulation. **Treat your feet and feel revitalized.**

CRYSTAL THERAPY - 40 - add on to any treatment or mediation

Immerse yourself in an innovative spa experience with our Crystal Therapy™. At Flourish Spa, our philosophy is rooted in channeling the essence of nature to rekindle your energy and amplify the effect of your spa treatment. Upon your arrival, we present you with a carefully curated menu of crystals. You are then invited to select three crystals that resonate with you. These will be incorporated into your treatment, aligning you with their unique energies. **In addition, we provide you with small stones to take home, enabling you to extend the rejuvenating energy of your treatment into your day-to-day life.**

SOUND BATH MEDITATION - 30 mins session - 75

Enhance your spa experience with an additional 30-minute Sound Bath Meditation session. Ideal to perform before or after any treatment, this unique opportunity allows you to shed life's stress and tap into your authentic essence. Our Sound Bath Meditation is held in our tranquil Mindfulness Loft, designed to host individual sessions or small groups of up to six people. The session can be enjoyed either sitting or lying down, offering comfort and flexibility.

ENJOY WELLNESS AND TRANQUILITY
To book your session send an email to flourish@azuridgehotel.com

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PLEASE NOTE:
We require a 48-hour advance notice for any changes or cancellations to your scheduled treatments.